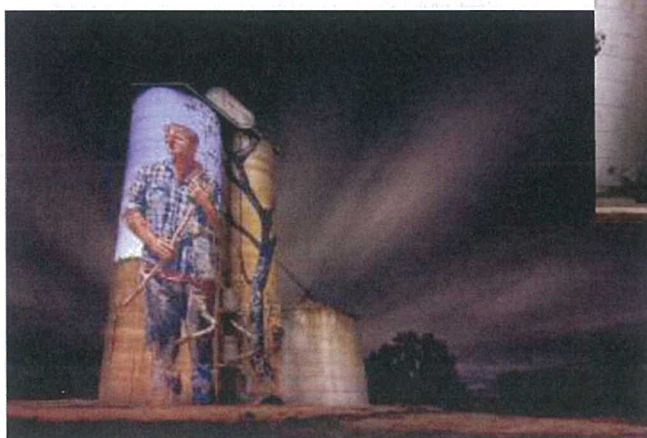
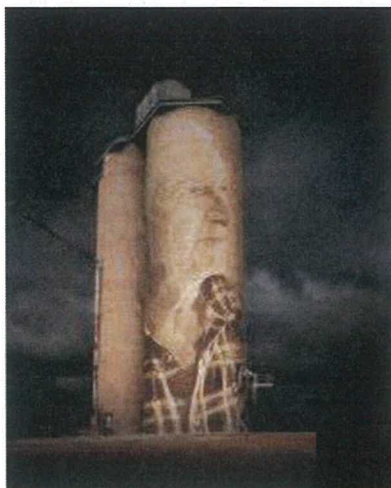


Woomelang & District Bush Nursing Centre



Annual Report 2017/18

Mission Statement, Vision and Values	3
Strategic Directions 2015-2019.....	4
Current Services & Groups.....	5
Clinical Governance & Organisational Chart	6
Introduction	7
President's Report	8
Board of Management.....	9
Centre Manager's Report	10
Staff	11
Doctor	12
Allied Health Professionals	13-14
Partnerships and Alliances.....	15
Our Valued Volunteers.....	16
Programs & Services	
Woomelang Garden Club & Community Garden	17
Hannah's Kitchen.....	17
Community Gym.....	17
Community Bus	17
Men's Shed	18
Women of Woomelang (WOW)	18
Exercises with Jodi	18
Tai Chi	18
Carpet Bowls.....	18
Crafty Ladies	19
Happy Scrappers.....	19
Walking Group.....	19
Storytime.....	19
Additional Activities & Highlights from the year	20
Financial Reports	22-37

The Woomelang & District Bush Nursing Centre is on the lands of the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagalk Nations and wish to acknowledge them as Traditional Owners.

We would also like to pay our respects to their Elders, past and present, and Aboriginal Elders of other communities who may be here today.

Mission Statement

The aim and purpose of the Woomelang & District Bush Nursing Centre is to provide a holistic service to the community universally, with the highest quality of health and wellbeing services to every individual without prejudice.

The Woomelang & District Bush Nursing Centre will strive to maintain a healthy and safe environment in which community members are treated with respect. The Woomelang & District Bush Nursing Centre will also strive to provide high quality care and be a source of health information through the provision of skilled health providers.

Our Vision

To offer a holistic health & wellbeing service that is responsive, flexible and always improving.

Our Values

Social Inclusion & Social Justice

Valuing the uniqueness of every individual, and responding without prejudice.

Honesty & Transparency

To be a source of truthfulness and integrity reflecting open communication.

Connectedness

Caring about our community, partners and wider relationships.

Innovation

To be creative, inventive and responsive to our community.

Partnering

To provide a united and improved effort through beneficial associations with other people, agencies and associations.

Excellence

To offer best practice through qualified and credentialed staff and volunteers.

The strategic directions set out broad goals for the Woomelang & District Bush Nursing Centre. In order to carry out our mission and align with the Victorian Government's Rural and Regional Health Plan (VRRHP) 2012-2022. The plan has been developed with due consideration to the health priorities framework from the above VRRHP and other more local and regional plans associated within the Grampians/Wimmera catchment.

WDBNC has a proud history of responding to community and social needs.

This Strategic Directions document has regular review and reflection built within it through the development and implementation of an annual Operational Plan, to ensure that we are responsive to emerging social trends and needs locally and nationally.

WDBNC looks forward to continuing to offer excellent, collaborative health services for the benefit of the local communities of Woomelang and districts.

CURRENT STRATEGIC DIRECTIONS:

1. Responsive, Timely and Flexible Health Services

Goal: To achieve health services that reflect a holistic approach to health and wellbeing, regardless of age, disability, social status, gender or ethnicity.

2. Build Strong Organisational Partnerships

Goal: Solidify a strong local presence through healthy partnerships within and without the local communities.

3. Health Promotion Focus with Health and Wellbeing a Priority

Goal: Develop appropriate level health services to meet local communities health needs.

4. Quality and Safety

Goal: To be innovative with a security focus.

Our current Strategic Directions are due to expire in 2019. During 2018 there will be consultation with members and the community to develop a new Strategic Direction. In keeping with openness & promoting good communication, we include the Centre's Strategic Directions for 2015-2019. These directions will guide the decisions and programs that the Centre works towards.



AVAILABLE SERVICES

- | | | |
|------------------------------|--------------------------|------------------------------------|
| ◆ Nurse on Duty | ◆ Emergency Nursing | ◆ District Nursing |
| ◆ Post Hospital Care | ◆ Pathology Collection | ◆ Maternal & Child Health Service |
| ◆ Podiatrist | ◆ Physiotherapy | ◆ Occupational Therapist |
| ◆ Dietician | ◆ Diabetes Educator | ◆ Visiting Doctors |
| ◆ Medical Transport Services | ◆ Bus Transport | ◆ Regional Library pickup/drop off |
| ◆ Continence Nurse | ◆ Telehealth | ◆ Equipment Hire |
| ◆ Hospice Services | ◆ Wellbeing Coordinators | ◆ Health Education & Literacy |
| ◆ Photocopy/Facsimile | ◆ Scan/send emails | ◆ Free Wifi |
| ◆ Prescription Service | ◆ Health Promotion | ◆ |

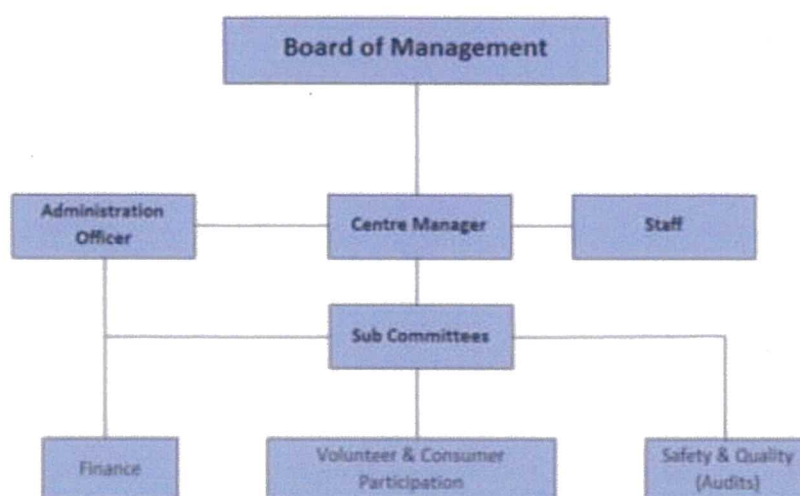
COMMUNITY GROUPS

- | | |
|--------------------------|---------------------|
| ♣ Garden Club | ♣ Crafty Ladies |
| ♣ WOW—Women of Woomelang | ♣ Tai Chi |
| ♣ Carpet Bowls | ♣ Woomelang Walkers |
| ♣ Storytime | ♣ Men's Shed |





Woomelang & District Bush Nursing Centre
Organisational Chart



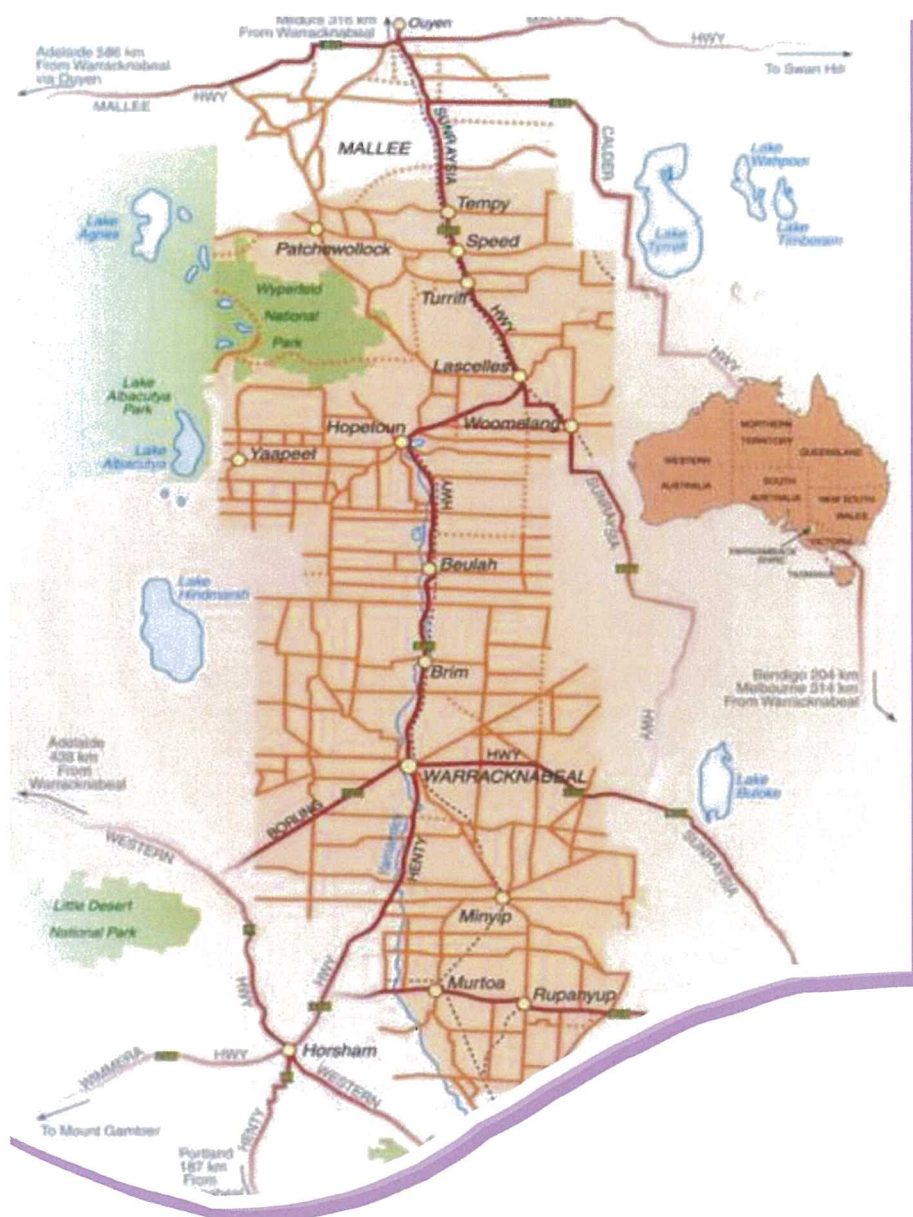
Woomelang & District Bush Nursing Centre was first established on October 8th, 1965, through hardwork & determination of our local community members, who saw a need for a health service in our town.

The needs continue & without the dedication of community volunteers, our Board of Management and qualified staff, the service wouldn't function.

Woomelang is an isolated & remote area in which continuation of services is a challenge. With the demographic of an ageing population, the community support & service use is vital for survival.

You, the community, have a valuable voice in shaping the service, so please be a part of it.

We hope you enjoy reading our Annual Report which is a snapshot of the year.



Welcome Board Members, Staff, Volunteers, & Visitors

We have had another interesting but very productive year. It was hardwork & challenging with audits, mock accreditations, Safer Care Victoria, funding levels & managing staffing requirements.

I would like to welcome Cindy Wooding to the Centre as our Administration Officer, along with Miranda Conlan & Deborah Watson as Casual/Part time Registered Nursing staff.

Centre Manager, Carol Paech, through many hours of hard & diligent work, was successful in receiving grant funds for:

- ◆ Solar Panels
- ◆ Vinyl replacement for disabled bathroom & urgent care
- ◆ Shifting the telecommunications box.

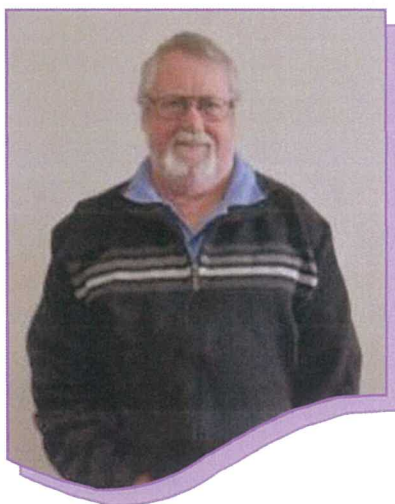
Our staff have worked with the utmost care & compassion. It is a credit to Carol, Ruth, Tracy, Miranda, Deb, Judy, Cindy, Kaye, Sharon & Julie, the work ethic they uphold & perform to an exceptionally high standard & for that we are most grateful.

Thank you to all the board members for their additional support especially attending extra meetings over the year.

I would like to also thank all the volunteers for they are the backbone to the centre being able to run smoothly, safely & to the standards our community expects.

Finally, a big thank you to everyone involved in the running of the Centre, from staff to Committee & volunteers, for making it the successful year that it was.

Ian Norris
President



The Board of Management of the Woomelang & District Bush Nursing Centre sets the strategic directions of the Centre and monitors and evaluates the delivery of services to ensure the Centre meets the needs of the community. They are also responsible and accountable for ensuring the Centre complies with all its legal, financial and moral obligations.



**President
Ian Norris**

Semi retired/bus driver

Elected: 2008



**Vice President
Chris Kelly**

Primary Producer

Elected: 2010



**Treasurer
Sandra Mott**

Primary Producer

Elected: 2010



**Member
Les Knights**

Retired

Elected: 2013



**Member
Helen Ballentine**

Shire Councillor

Elected: 2015



**Member
Chris Huttig**

Newspaper Editor

Elected: 2015



**Member
Grant Doxey**

Social Worker

Elected: 2016



**Member
Natalie Ladner**

Campus Manager

Elected: 2016



This report celebrates another year of activities that have been completed at the centre.

There have been many changes introduced, as we work toward preparing for accreditation against the National Safety and Quality Health Service (NSQHS) standards second edition.

Some of the changes have included committee restructure, reporting restructure and the inclusion of consumers in all areas to assist us develop a service that you - the community wants.

Our Board members have undertaken an education program in the area of governance that will continue into next year.

The following is a summary of the achievements for the year.

Responsive, timely and flexible health services.

All services have continued with one addition in response to a community request – Telehealth with Royal Flying Doctor Service - access to specialists which has taken off with great interest and uptake.

Build strong organisational partnerships.

We now have a Memorandum of Understanding with Rural Northwest Health for our clinical governance and have been invited to join Grampians Clinical Governance and Occupational Health and Safety meetings.

Health promotion focus with health and wellbeing a priority.

We have eight groups that meet regularly with a report on these mentioned individually further in the report.

There was a community request for an activity for preschool children so 'Story Time' commenced.

We have had community interest in a gym however until we have a permanent location for it, we will continue to source funding for more equipment.

Quality and safety.

Working toward the National Standards.

Opportunities for improvement have led to successful grant applications in the area of;

- replacement vinyl for Urgent care, walkways and disabled bathroom
- solar panels
- relocation of telecommunications.

I would like to sincerely congratulate all of our staff, volunteers, consumers and board members for being so willing to adopt and adapt to all the changes implemented. I look forward to the coming year as we continue this journey of improvement and continued service.

Thank you

Carol Paech

Carol Paech
Centre Manager,
Registered Nurse



Tracy Hynam
Registered Nurse,



Miranda Conlan
Registered Nurse



Ruth Mitchell
Enrolled Nurse



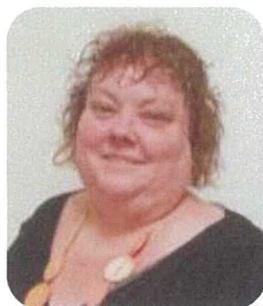
Deborah Watson
Registered Nurse



Judy Fisher
Registered Nurse



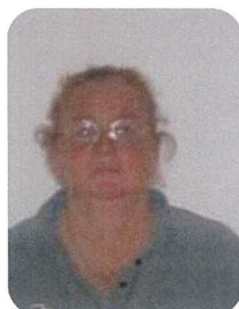
Cindy Wooding
Administration Officer



Kaye Symes
Receptionist

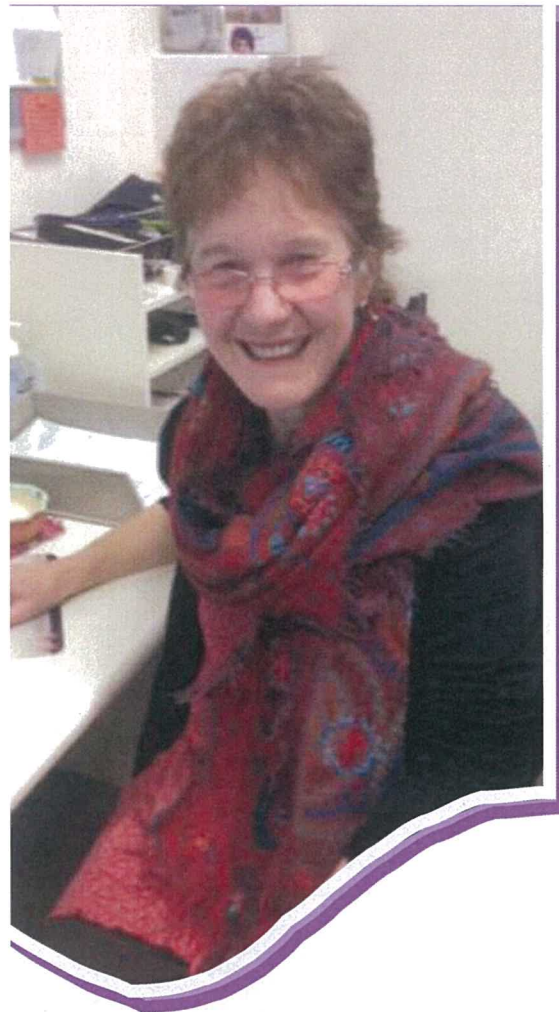


Julie Mitchell
Relief Environmental
Officer



Sharon Gallagher
Environmental Officer





Dr Ros McCallum

M.B.B.S., DRANZCOG, has been visiting Woomelang fortnightly on a Wednesday this year. She also consults at the Mallee Track Health & Community Services and has a special interest in women's health, family medicine and mental health.

The Centre is very fortunate to have Allied Health Professionals from West Wimmera Health Service (WWHS), Mallee Track Health & Community Service & Rural Northwest Health (RNH). They provide an outreach service to the Centre on a regular basis with appointments being necessary. These include Podiatrist - Bianca, Physiotherapist - Pawel, Occupational Therapist - Hannah, all from WWHS, Social Worker - Grant from Mallee Track, Diabetes Educator - Larne & Dietitian - Ilana both from RNH & Maternal & Child Health Nurse - Michelle from the Yarriambiack Shire, Continence Advisor & Wellbeing Coordinators—by appointment from Rural North West Health & Hospice Care from Wimmera Health Care Group.

Independently or combined these are valuable services to our community and to have the scope and wealth of services in Woomelang is a reflection of our Centre working collaboratively with other health service providers to support our community.



Top: Bianca Jones - Podiatrist, Pawel Czupryn - Physiotherapist
Bottom: Hannah Craig - Occupational Therapist, Grant Doxey - Social Worker



Top: Larne Heubner - Diabetes Educator, Middle: Ilana Jorgenson - Dietitian
Bottom: Michelle Schilling - Maternal & Child Health Nurse

- Department of Health & Human Services
- Victorian Healthcare Association (VHA)
- Leading Age Services Australia (LASA)
- Ambulance Victoria
- Wimmera Primary Care Partnership
- Mallee Track Health & Community Service
- West Wimmera Health Service
- Wimmera Health Care Group
Hospice Care
Wimmera Community Options
- Grampians Post Acute Care
- Rural Northwest Health
- All other Bush Nursing Centres in Victoria
- Yarriambiack Shire Council
- Hopetoun Medical Clinic
- Birchip Medical Clinic
- Dulkeith Computer Solutions
- UNITI (Information Technology)
- Ballarat Health Services—GRHA
- Service Industry Advisory Group (SIAG)
- Safer Care Victoria
- Royal Flying Doctor Service



Volunteers

The Centre is very fortunate to have a wonderful group of volunteers who give generously of their time to offer services to our community. Without their assistance, the Centre would be unable to offer the range of services and activities that it does.

Our volunteers contribute greatly in many ways to improve the life of community members by delivering Meals on Wheels, volunteer driving to medical appointments and visiting the isolated and elderly in their own homes.

They also assist in the smooth running of the Centre by providing reception support, attending to garden maintenance and keeping vehicles clean.

Our volunteers are very much appreciated by clients, Board of Management and staff of the Woomelang & District Bush Nursing Centre.



Top: Gwenyth Barbary, Ian Norris, Sharon Gallagher, Judy Johnston, Trish Fraser
Middle: Rae Norris, Val McClelland, Julie Mitchell, Wally Otwinowski, Jan Adcock
Bottom: Les Knights, Melanie Kelly, Manfred Feeger, Wendy Reiss, Kaye Symes
Missing: Dee Williams & Ros Jones

Woomelang Garden Club & Community Garden



Our small but enthusiastic group of gardeners meets monthly at the BNC.

Our main activity this year has been the establishment of a tranquil garden in the back garden at the Bush Nursing Centre. This involved a planning day, a day travelling to Swan Hill to purchase plants and then another day to lay out the garden and planting. Our garden now has an arch with a banksia rose growing over it, lavenders, rosemary, nandina, diascia and lillipilli. With the water feature and garden seat it is now a lovely, tranquil area to sit and relax, thanks to a shire grant.

In July we pruned the roses at the Bowling Club, they have now grown amazingly well and are covered in blooms.

We also travelled to Ouyen and saw their new lake, enjoyed lunch and then visited the garden of Mary Grace. Her garden was wonderful and enjoyed by all. Later this year we will join with Hopetoun Garden club to participate in their Christmas lunch.



Hannah's Kitchen

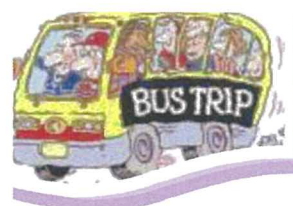
Hannah the Occupational Therapist (OT) continued to facilitate a fortnightly lunch until the end of 2017. There were staff changes at West Wimmera Health Service and we welcomed Mandy to continue OT fortnightly visits from the beginning of 2018, however she requested a change in schedule to visit on Fridays. These continued until June when we farewelled her to a new position in South Australia.

Community Gym

The gym survey was summarised in July 17 with a definite interest to pursue for the community. The Centre would like to see the gym progress however until a permanent home/location can be secured it is difficult to proceed. We encourage your feedback in this area.

Community Bus

Has been on offer to travel to Mildura, Swan Hill or Horsham, but has proven not to be as popular as anticipated.





Men's Shed

The shed has had quite a good year. Although small in memberships, with 6 permanent & a couple of casuals, a few good projects have been completed. These include a spring cart full restoration for the McClelland family, a car donated, repaired & sold and alterations to the benches at the Multi-purpose Centre. We have

received grant funds to the replacement of stumps, for tools & equipment, including a welder and a bandsaw sander. May thanks to Carol for her help in obtaining these grants.



Women of Woomelang (WOW)



This year WOW group continued to meet on Fridays for lunch with a walk beforehand. The women brought their own lunch and the nurse would talk to the ladies about a range of healthy topics—often sharing recipe ideas. Topics included home

safety, snake awareness, breast cancer, exercise ideas, blood test interpretation, constipation & heart attack symptoms etc.

Attendance for WOW started dropping off mid-year. The ladies who came were still eager to continue the group and it was decided that discussions about the format of WOW group should occur in order to entice ladies back & possibly recruit new ones. This was put on the agenda to happen as soon as possible. The Nursing staff said they would help in organising meetings and disseminating information to the community.



Exercises with Jodi

Exercises with Jodi continued until March 17. Due to family commitments, the class ended with many requests for alternative exercise classes or gym..



Tai Chi with Brenda

Brenda Doran was able to assist by bringing Tai Chi classes to Woomelang in April and these classes included the school children. The classes became so popular, the school have their own sessions and Brenda visits the centres each Friday morning before WOW lunch.

Carpet Bowls

Being a winter activity & with renovations being done to the kitchen at the Memorial Hall during the year, carpet bowls has been postponed, but will be starting again next year.

Crafty Ladies

Our members have enjoyed a year of creating new friendships with their involvement in Crafty Ladies.

During 2018 we have attended the Hopetoun Quilt Show and travelled to Craft Alive in Bendigo. Our day in Bendigo, although freezing cold was a very enjoyable day, some retail therapy was involved but we also enjoyed the company and seeing many different types of craft. Thanks again to our bus driver Wally for getting us to Bendigo & back safely.

Members attended a quilting workshop in Hopetoun during the year and learnt new quilting techniques which they are now displaying in their quilts.

Our Stitchers retreat in October was a great success with over 20 ladies enjoying the weekend of sewing, scrap booking, chatting and enjoying the social involvement. Earlier in the year the group finished a quilt and donated it to be raffled for The Biggest Morning tea. The raffle raised \$522 and was won by Sandra Mott.



To support one of our locals Trish Stronell, who has been undergoing cancer treatment the Crafty Ladies made a quillow- a quilt that can be folded into a bag. Trish used the quilt as a pillow when travelling to Bendigo on the bus and a quilt when she was receiving her treatment. Twelve members made a block which was then stitched together to make the quilt. The predominate colour in the blocks was purple- Trish's favourite colour.

Crafty Ladies meet at the Bush Nursing Centre 1st and 3rd Mondays at 5.00pm. All welcome.



Happy Scrappers— This year our club has enjoyed joining with the Crafty Ladies on Monday nights to do our scrapbooking. We still have a very enthusiastic club and next month we hope to start doing our "All Day Sunday" meetings, with some extra days over school holiday breaks. We are fortunate to have two suppliers for scrapbooking needs, our consultant is "Close to my Heart" and we can access "Creative Memories" supplies as well. Anyone who would like to join our group are most welcome to come along and join in. Phone Sharon on 0408 190 217



Woomelang Walkers—A small group continue to walk on Mondays and Thursdays however the town has many walkers that walk independently. The heart foundation just wants people to walk so congratulations to all that do.

Storytime A couple of families expressed a desire for a preschool activity to be held at

the centre as there was no playgroup in Woomelang. After consulting with the families it was decided to commence a story time session where the families come together. The children enjoyed listening to a few books being read aloud, parents had a chat while the children played and concluded with a healthy afternoon tea.



July 2017

Supported National Diabetes Week

August 2017

Dying to Know Forum



January 2018

Cultural Awareness training

March 2018

Storytime commenced

International Womens Day

Community forum with Police/fire/SES



September 2017

RACV Home Safety forum

New Shade sails erected



April 2018

Heart Foundation

walk around Lake

Lascelles with

YCHANGE

Active April

Carpet bowls

May 2018

CPR/First Aid

Training



October 2017

Flower Show

Stitchers Retreat



December 2017

Staff/Volunteers

Board Christmas

Dinner

Crafty Ladies Christmas Break-up

Staff Christmas Lunch

June 2018

Biggest Morning

Tea

RAN Training

Volunteers

Week—Thank you

lunch in Birchip

